



Find your favorites



March 2024 Channel Lineup

Hampton Roads Area

Contour Starter (Included in all video packages)

Starter

2	My Network TV WTVZ	42	TBS	95	C-SPAN	117	Rewind TV WAVY	131	Daystar
3	CBS - WTKR	49	ION - WPXV	98	HSN	118	Court TV WTKR	133	EWTV
4	WSKY	50	QVC	106	VTC - Higher Education	120	QVC3	137	Quest WVEC
5	Univision	60	Yurview Virginia	107	World WHRO	121	HSN 2	138	Cozi - WVBT
6	UNC TV WUNC *	69	Jewelry TV	108	Kids WHRO	123	Comet TV - WTVZ	139	Rewind TV - WVBT
7	CW - WGNT	70	ShopHQ *	109	Create WHRO	124	Explore Hampton Roads	901-950	Music Choice
10	NBC - WAVY	73	Leased Access	111	Stadium WTVZ	125	The North Carolina Channel WUNC *		
13	ABC - WVEC	83	QVC2	112	TBD WGNT		PBS Kids UNCTV *		
14	Fox WVBT	86	Government Access	113	Antenna TV WGNT	126	Explorer UNCTV *		
15	PBS WHRO	87	GovernmentEducational	114	True Crime	127	Start TV - WSKY		
20	TBN WTPC	88	GovernmentEducational		Network WVEC	128	Movies Channel - WSKY		
21	QVC	93	C-SPAN 3	115	ME TV WVEC	129	SHOPHQ *		
34	HSN	94	C-SPAN 2	116	Get TV - WAVY	130			

Contour Preferred (Includes Starter channels)

Preferred

8	CNN	31	Discovery	57	truTV	78	Unimas	156	theGrio
9	Lifetime	32	Comedy Central	58	OWN	79	Galavision	157	Bounce
11	ESPN2	33	CMT	59	History	80	MotorTrend Network	158	The Impact Network *
12	ESPN	35	Monumental Sports	61	Bravo	81	MTV Live	171	ACC Network
16	FX	36	BET	62	Travel Channel	97	POP	200	IFC
17	Cartoon / Adult Swim	37	TV Land	63	Fox Sports 1	99	WGN America	201	Sundance TV
18	USA Network	38	Disney	64	Fox News Channel	103	Investigation Discovery	209	Lifetime Movie Network
19	Freeform	39	MASN	65	Golf Channel	105	Nick Jr.	212	WE TV
22	MTV	40	Syfy	66	TNT	119	Monumental Sports+	219	Fox Sports 2
23	msnbc	41	E! Entertainment	67	VH1	132	INSP	235	Magnolia
24	The Weather Channel	43	Animal Planet	68	Food Network	134	The Word Network	240	TV One
25	CNBC	51	FX	71	National Geographic	135	MASN2	243	Universal Kids
26	HLN	53	Fox Weather	72	MoviePlex	140	Newsmax	248	Oxygen
27	HGTV	53	NBC Sports Network	74	Hallmark	151	Justice Central	260	The Cowboy Channel
28	A&E	54	Fox Business Channel	75	Hallmark Mystery	152	Recipe TV	264	Great American Family
29	Nickelodeon	55	AMC	76	GSN	153	Comedy.TV	267	Hallmark Family
30	TLC	56	Paramount Network	77	STARZ ENCORE Español *	154	Aspire		

Bonus Pack (Included with subscription to at least one other Pack and Preferred) *

100	Discovery Family	102	Destination America	214	MLB Network
101	Science Channel	104	American Heroes	234	Discovery Life

Variety Pack (Optional) *

155	Africa Channel	241	BET Her	249	Logo TV	255	BET Soul	269	National Geographic
187	Crime & Investigation	242	UP	250	Cooking Channel	256	CMT Music		Wild
188	Lifetime Real Women	244	Disney XD	251	Smithsonian Channel	257	BET Jams	291	Disney Jr.
189	Military History	245	Nicktoons	252	BBC America	265	CLEO TV	292	TR3S: MTV, Musica y Mas
197	NBC Universo	246	TeenNick	253	NickMusic	268	MTV2		
236	Baby First	247	Boomerang	254	MTV Classics				

* See other side for details.



Contour Preferred (Includes Starter channels) (Continued from other side)

Sports & Info Pack (Optional) *

53	NBC Sports Network	220	NHL Network	224	NFL Network	231	ESPNews
165	Pursuit Network	221	CNNi	225	SEC Network	232	ESPNU
216	CBS Sports	222	Tennis Channel	228	FYI	233	NBA TV
217	Outdoor Channel	223	TUDN	229	Viceland	238	NASA

Sports Pack 2 (Optional) *

159	Longhorn Network	162	MLB Network	167	Sportsman Channel	170	World Fishing Channel	233	NBA TV
160	NFL RedZone [†]	163	MLB Strikezone [†]	168	Big Ten Network	173	Zona Futbol		
161	NFL Network	165	Pursuit Network	169	Pac-12	223	TUDN		

Movie Pack (Optional) *

179	MGM Hits	192	RetroPlex	204	STARZ ENCORE Westerns	206	STARZ ENCORE Action	211	Turner Classic Movies
180	MGM Marquee	193	IndiePlex			207	STARZ ENCORE Black	213	MGM+
181	MGM+ Drive-in	202	Flix	205	STARZ ENCORE Suspense	208	STARZ ENCORE Family		
191	FXM	203	STARZ ENCORE Classic			210	STARZ ENCORE		

Latino Pack (Optional) *

182	FOROtv	199	Telefe	272	ESPN Deportes	282	de Pelicula Clasico	293	Sony Cine
183	ESNE	258	TUDN	273	CNN en Español	283	Discovery Familia	295	Cine Estelar
185	CentroamericaTV	261	Nuestra Tele	274	Discovery en Español	284	Disney XD (SAP)	296	Univision
186	Hola TV	262	Nicktoons	275	Galavision	285	Bandamax	297	Baby TV
190	Hogar de HGTV	263	Cartoon / Adult Swim	277	Fox Deportes	286	History En Español	299	t!Novelas
194	Baby First	266	VePlus	279	Boomerang (SAP)	287	TR3S: MTV, Musica y Mas		
195	EWTN en Español	270	Telemundo	280	Cine Latino	288	NBC Universo		
198	Pasiones	271	UniMas	281	de Pelicula	290	WAPA		

Premium Networks (Optional)

179	MGM Hits	308	HBO Latino	330	More MAX (West)	349	TMC Extra	364	Starz Cinema
180	MGM Marquee	309	HBO Signature (West)	331	Cinemax (West)	351	Paramount+ with	365	Starz Kids & Family
181	MGM+ Drive-in	312	HBO2 (West)	332	Action Max (West)		SHOWTIME West	367	Starz Edge (West)
213	MGM+	321	Cinemax (East)	341	Paramount+ with	352	SHOWTIME Women	368	Starz in Black (West)
301	HBO (East)	322	More MAX (East)		SHOWTIME	353	SHOWTIME Family Zone	371	Starz (West)
302	HBO2 (East)	323	Action MAX	342	SHOWTIME 2	354	SHOWTIME 2 (West)	380	STARZ ENCORE
303	HBO Signature	324	Thriller MAX	343	SHO*BET	357	The Movie Channel (West)	381	AMC+
304	HBO Family (East)	325	Movie MAX	344	SHOWTIME Extreme				
305	HBO (West)	326	Outer MAX	345	SHOWTIME Showcase	361	Starz (East)		
306	HBO Zone	328	Playboy en Espanol	346	SHOWTIME Next	362	Starz Edge		
307	HBO Comedy	329	Playboy	348	The Movie Channel (East)	363	Starz in Black		

Contour TV Ultimate (Includes all networks listed on channel lineup for each section)

Starter Preferred	Bonus Pack Variety Pack	Sports & Info Pack Sports Pack 2	Movie Pack Premium Networks
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Additional Channels and Pay-Per-View

Subscription Sports Packages & Pay-Per-View (Optional) *

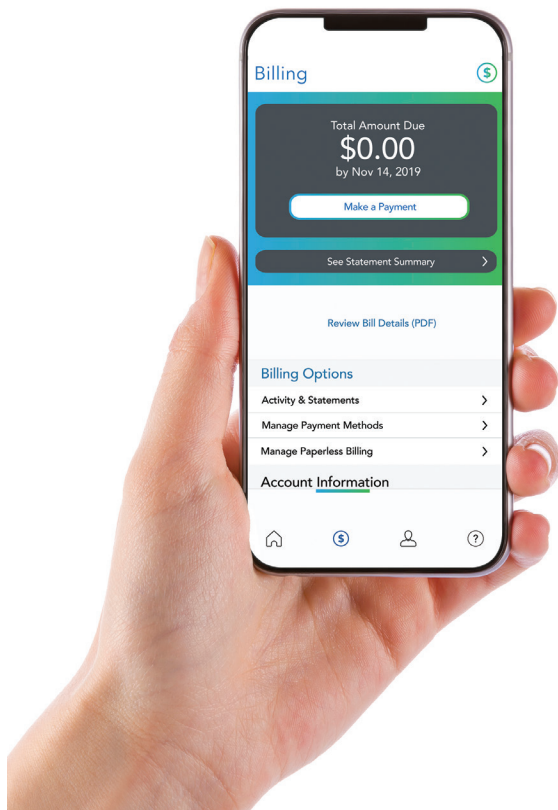
215	NFL RedZone ^{***}	504	Pay-Per-View	651-660	NBA League Pass	671-684	NHL Center Ice
501	Pay-Per-View 2	591, 594	Adult Pay-Per-View	671-684	MLB Extra Innings	690	Fox Soccer Plus

*:** See other side for details.

Additional Channels and Pay-Per-View (Continued from other side)

International Channels (Optional) *

507	TFC	511	SET Asia	515	Rai Italia	522	Phoenix InfoNews	526	Colors
508	GMA Pinoy TV	512	CCTV 4	516	TV5Monde	523	Phoenix North America		
509	Myx	513	CTI-Zhong Tian	519	SBTN	524	ART		
510	ZEE TV	514	DW (Deutsche+)	521	TV Asia	525	RTN (formerly TV Russia)		



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Effective March 2024.

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